

THE PHOENIX CENTRE FOR CHILDREN AND FAMILIES

WALK-IN COUNSELLING FOR MENTAL HEALTH AND ADDICTIONS

**In need of parenting resources? Feeling sad or depressed?
Worried about school or home? Frustrated or angry?
Concerned about alcohol, drugs or gambling?
Need someone to talk to immediately?**

WE CAN HELP!

We provide a 1-hour counselling session that suits your needs and that can help make things better!

ATTENTION: Custody Disputes & Consent – Please note that if there is a Joint Custody arrangement, written consent from **BOTH** parents must be provided for children under 12 years of age to receive services. Proof of Full Custody must also be provided for those under 12 years old. If Consent from both custodial parents/proof of custody is NOT provided we cannot see the child if under 12 years of age.

PEMBROKE	PETAWAWA	RENFREW	ARNPRIOR
WHEN: Every <u>TUESDAY</u>	WHEN: Every <u>other WEDNESDAY</u>	WHEN: Every <u>THURSDAY</u>	WHEN: The <u>2nd and 4th</u> <u>WEDNESDAY</u> each month
2:00 – 6:00pm <i>(last session at 6pm)</i>	2:00 – 6:00pm <i>(last session at 6pm)</i>	2:00 – 6:00pm <i>(last session at 6pm)</i>	2:00 – 6:00pm <i>(last session at 6pm)</i>
	Oct 3, 17 & 31 Nov 14 & 28 Dec 12 Jan 9 & 23 Feb 6 & 20		Oct 10 & 24 Nov 14 & 28 Dec 12 Jan 9 & 23 Feb 13 & 27
WHERE The Phoenix Centre 130 Pembroke St W, 2 nd flr. Pembroke, ON 613-735-2374	WHERE Petawawa Centennial Family Health Centre 154 Civic Centre Rd Petawawa, ON 613-735-2374	WHERE The Phoenix Centre 191 Plaunt St S Renfrew, ON 613-432-7936	WHERE The Phoenix Centre Kenwood Corporate Centre 16 Edward St S, Suite 201C Arnprior, ON 613-623-9777
If you are 12 years or older you DO NOT need a parent's consent to attend. If a child is younger than 12 he/she must be accompanied by their parent/guardian.			

Priority will be given the next week for those who cannot be seen. OHIP Card is NOT required. This is a FREE service.



The Phoenix Centre for Children & Families
1-800-465-1870 or 613-735-2374

Or Addictions Treatment Service 1-800-265-0197 / 613-432-9855



**Eastern Ontario Crisis Line
1-877-377-7775**

