

# Seniors Lunch Club



**Enjoy a catered lunch and activities!  
Come and learn about local resources and happenings  
in BLR for seniors.**

**The Dementia Society will be hosting a presentation.**

**The next Seniors Lunch Club will be held  
Tuesday, April 30th at 11:00am  
at the BLR Recreation Centre & Arena in Palmer Rapids**

**Spaces are limited. Call the Municipal Office  
at 613-758-2061 to reserve your seat!  
There's no cost to participate.**

**Let us know if you need a ride or can give a ride!**

*The Seniors Lunch Club is open to residents of Brudenell, Lyndoch  
and Raglan Township.*

*Brought to you by:*

